

## Commission Remits 2017-18 / Medical Commission

The vision of the International Orienteering Federation (IOF) is that orienteering is included in the Olympic and Paralympic Games. The goals and strategic initiatives presented in Strategic Directions will promote the realisation of this vision. The actions required to implement the strategy are contained in the Council Activity Plan and the tasks of IOF Commissions. The IOF is, by its Statutes, obliged to respect and abide by the Olympic Charter and the provisions of the World Anti-Doping Code and to respect and implement the Olympic Movements Agenda 21 on protection of the environment and sustainable development.

<b>1: WORKING PROCEDURES AND STRUCTURE</b>	
<b>Working Procedures</b>	<ol style="list-style-type: none"> <li>1. The Commission shall aim to meet at least two times a year. The meeting schedule should include: <ul style="list-style-type: none"> <li>• The annual January joint meeting of the Council and Commissions</li> <li>• WOC week</li> <li>• In addition virtual meetings (by email, Skype, Lync etc.) whenever needed are recommended.</li> </ul> </li> <li>2. The Commission shall actively work to achieve the goals of the remit for the 2017-18 working period.</li> <li>3. All decisions should be aligned and made with reference to the Strategic Directions 2012–2018, the 2017-18 Activity Plan and IOC evaluation criteria.</li> </ol>
<b>Working Structure</b>	<ol style="list-style-type: none"> <li>1. The Commission must work in close contact with the other IOF Commissions and the IOF Council supporting Team. The decisions with political impact should be presented to the Council only after consultation with IOF Council supporting Team.</li> <li>2. The Commission must work in close contact with the IOF Office.</li> <li>3. The Commission work shall be organised in subgroups or teams in order to focus the outputs more clearly. Each subgroup/team shall have a minimum of 2 Commission members.</li> <li>4. Where there is a technical need to focus on an aspect of its remit, the Commission can create extra subgroups including also members from outside the Commission.</li> <li>5. Where the Commission has a particular task or project to carry out, it can set up a short term project group including also members from outside the Commission to enable Commission to achieve an efficient outcome.</li> <li>6. The meeting agenda should be organised according to the structure of the Commission remit.</li> <li>7. A member of the Commission shall be given the responsibility to prepare minutes within a week after a meeting of the Commission and e-mail them to the IOF Office. In order to simplify this task, these minutes should be concise and should contain an executive summary suitable for publication on the Internet via the IOF website.</li> </ol>

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Task	Explanatory notes	Responsible members
<b>2: PERMANENT TASKS</b>		
<b>Maintain and update IOF Anti-doping policies together with the IOF Office and support IOF's anti-doping work</b>	Maintain and update IOF Anti-doping policies together with the IOF Office. Function as a therapeutic use exemption committee (TUEC) of the IOF (the exact process of handling TUEs to be reviewed in 2017). Support IOF's anti-doping work.	Olli H
<b>Follow the medical research regarding health issues related to orienteering</b>	Collect relevant medical articles and publish them on the IOF website and, if required, publish a special edition of the Scientific Journal of Orienteering focusing on medical issues. Consideration should be given both aspects of elite sport as well as aspects of general health, exercise and healthy aging.	Olli H
<b>Support TrailO Commission in medical issues, if required</b>	Support TrailO Commission and their medical experts in process for determining eligibility for Paralympic class, if required.	Olli H

<b>3: SPECIFIC TASKS FOR 2017</b>		
<b>Build a library of medical research work promoting orienteering as healthy sport</b>	Collect and publish a package of medical research work promoting orienteering a sport for healthy aging, lifestyle and recreational benefit allowing member federations to use material in marketing and lobbying to the general public and to political/government bodies.	Olli H
<b>Create IOF Transgender Policy</b>	Create IOF Transgender Policy in line with other sports and the IOC.	Thomas R
<b>Update the IOF Antidoping working procedures</b>	Review existing procedures and update the IOF Antidoping working procedures	Hilkka S

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### **Commission members:**

Chair: Olli Heinonen (FIN)

Members: Tom Reynolds (NZL), Christer Rolf (SWE), Hilikka Salmenkylä (FIN)

**IOF Council supporting Team:** Leho Haldna (President)