

Event Centre: Marinha Grande

Bulletin 2



Organisation



Contacts

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Partners



Supporters



Official Water Official Carrier Official Bank Official Id and Time System



From 28th June to 5th July 2008



www.wmoc2008.fpo.pt



Dear O-friends,

The Portuguese Orienteering Federation (POF) is delighted to be organising the WMOC'08. We are already working hard to make the event memorable both from a sporting and a social point of view. Updated information is available from our website (www.wmoc2008.fpo.pt) and any further queries will be answered by emailing the WMOC'08 office at wmoc2008-info@fpo.pt. Please ask about any matters connected to your trip to Portugal in order to fully enjoy your participation in WMOC'08 and your stay in our beautiful country. Greetings from Portugal.

The Organising Committee

WMOC'08 Honour Commission

The President of the Portuguese Republic, Prof. Anibal Cavaco Silva, accepted to be the President of the WMOC'08 Honour Commission.

Host Federation: Portuguese Orienteering Federation – POF

Event President: Augusto Almeida (POF President).

Event Director: Carlos Monteiro.

IOF Senior Event Adviser: David May (GBR).

National Adviser: José Carlos Pires.

Race Controllers: Jorge Ramos (Sprint and Final Race).

António Churro (Long Qualifying Races).

Joaquim Patrício (Long Final Race).

Race Planners: Tiago Aires (Sprint Final Race).

Alexandre Reis (Sprint Qualifying Race).

Jacinto Eleuterio and Armando Sousa (Long Qualifying Races).

Rui Antunes (Long Final Race).

Information: Portuguese Orienteering Federation – POF

Apartado 2 – EC Mafra

P-2641-909 Mafra

PORTUGAL

Phone/Fax: +351 261 819 171

Email: wmoc2008-info@fpo.pt

Web: <http://www.wmoc2008.fpo.pt>

Venue: Leiria, Marinha Grande and Alcobaca (120km north of Lisbon and 200km south of Oporto).

In Marinha Grande.

Event Centre: Competitors may enter either the WM Sprint Championships, the WM Long Championships or both. All Sprint course competitors will participate in **one qualifying Sprint race**, and based on the results the best 80 runners in each class, will qualify for the A-Final, the next 80 for the B-Final and so on.

All Long course competitors will participate in two qualifying Long races and, based on the

Competition Form: combined times from these races, the best 80 runners in each class will qualify for the A-Final, the next 80 for the B-Final and so on.

Punching System: SPORTident (SI-Card). Each competitor must register his/her SI-code on the entry-form; those who do not have their own SI-Card must either rent or purchase (see below). Rental = €15,00 and €25,00 deposit/period. Purchase = €37,50.

SPORTident will produce a card especially for WMOC'08, in several colours, which will be posted to those who buy it.

Entries: Directly on www.wmoc2008.fpo.pt, by ordinary mail mailing it to wmoc2008-entry@fpo.pt, or fax using the enclosed form.

Entry Fees: World Masters received before:

1st August 2007: 90,00€

1st October 2007: 100,00€

1st January 2008: 115,00€

1st April 2008: 130,00€

And:

Fee for Sprint: 10,00€

Fee for Long: 15,00€

Fee for Sprint + Long: 20,00€

All transaction fees must be covered by the applicant.

Receipt of other entries will be acknowledged with a confirmation message within 2 weeks.

Payment must be made within 2 weeks of sending the entries. Entries not paid within this time will be cancelled.

Bank Account: IBAN: PT50 0036 0276 99100022751 95 / BIC: SWIFT: MPIOPTPLA

Changes: Every entry change (category, SI-Card, Club, etc) will be charged with the following fees:

- Until 1st April 2008: 2,50€.

- After 1st April 2008 and until 30th May: 5,00€.

Cancellation: In case of cancellation for any reason, the WMOC'08 Organising Committee reserves the right to retain part or all of the entry fees to cover incurred costs.

Cancellation fees:

- Until 1st August 2007: 10%.

- Until 1st October 2007: 15%.

- Until 1st January 2008: 20%.

- Until 1st April 2008: 30%.

- After 1st April 2008: 100%.

Categories:

M/W 35 - Born in 1973 or earlier

M/W 40 - Born in 1968 or earlier

M/W 45 - Born in 1963 or earlier

M/W 50 - Born in 1958 or earlier

M/W 55 - Born in 1953 or earlier

M/W 60 - Born in 1948 or earlier

M/W 65 - Born in 1943 or earlier

M/W 70 - Born in 1938 or earlier

M/W 75 - Born in 1933 or earlier

M/W 80 - Born in 1928 or earlier

M/W 85 - Born in 1923 or earlier

M/W 90 - Born in 1918 or earlier



Baby-Sitting / String Course: During the qualifying and final races, a baby-sitting service with trained staff will be available to look after children up to 10 years. This service is free of charge.

Close to the baby-sitting facilities, a string course will be held for the same age group. The entries will be accepted on location free of charge.

Visa: Please contact the Portuguese embassy in your country or refer to our website to check if you need a visa. If a personal invitation from the organisers is required for the visa, please contact us.

Climate: During June/July you can expect temperatures from 20° to 35° Celsius during the day and from 15° to 28° at night.

Culture: A wide variety of musical events will be organised. See our website.

Tourism Programme: A wide variety of tourism programs (one day or ½ day) will be organised. See our website and the Entry Form.

Responsibility and Safety: All competitors who take part in the WMOC'08 and in the spectator races (including Warm up and Open races) must assess any risks and take their own safety precautions, and will be totally responsible for any injuries which might occur during the races.

Accommodation and For the WMOC'08 we offer a variety of Types of accommodations. For further details see our Accommodation: Accommodation entry form. See our website.

Booking and Info - Hotels and Hostels: The booking of Hotels and Hostels will be organised by the WMOC'08 Organising Committee, at reduced prices, at your request. See our website.

If you prefer you could book the hotels and hostels (pensions) directly.

Booking and Info - Other Accommodation: The booking of all other accommodation will be organised by the WMOC'08 Organising Committee at your request. See our website.

Booking and Info - Holiday Centre: The booking of Holiday Centre will be organised by the WMOC'08 Organising Committee at your request (limited capacity: 200 persons). See our website.

Booking and Info - Camping: The campsites are located at S. Pedro de Moel and Pataias. See our website. Reservations for breakfast or dinner can be made in nearby restaurants. There are also supermarkets nearby. Shuttle buses to all competitions and training events will be available (see entry form; TRANSPORT).

Booking and Info - Gymnasium: On hard floor. Sleeping bag is necessary. See our website.

Booking and Info - Apartments: Apartments for 2, 4 or 6 persons. Between €25,00 and €100,00/day, depending on the location, size and facilities available. Limited availability. Rates and details upon request. See our website.

Deposit: A deposit of 10% of the accommodation cost and transport cost (arranged by the WMOC'08 Organising Committee) must be paid together with the entry fees.

If the deposit is not received, accommodation and transport booking will be cancelled.

All entries and requests must be fully paid by 1 April 2008.

Events for training...



Castelo de Vide
7th to 9th March 2008
www.gd4caminhos.com

Pedreiras - Marinha Grande
21st and 22nd June 2008
WMOC'08 Similar terrains
www.coc.pt



Cantanhede
9th and 10th February 2008
WMOC'08 Similar terrains
wre.ori-estarreja.com

Algarve - Faro, Tavira and V.R.S. António
1st to 5th February 2008
www.pom2008.com

Portugal '08 Meeting '2008





WMOC'08 - ACCOMMODATION

Friday 27 June (arrivals) to Sunday 06 July 2008 (departures)

Club:	Name:
Country:	Address:
Phone:	E-mail:
Fax:	

Available Accommodation (See <http://wmoc2008.fpo.pt>)
 Locations: 1=Marinha Grande; 2=S. Pedro de Moel; 3=Vieira de Leiria; 4=Leiria; 5=Monte Real; 6=Alcoçaba; 7=Fátima; 8=Caldas da Rainha; 9=Foz do Arelho; 10=Pedrógão; 11=S. Martinho do Porto; 12=Nazare

Type	Location	Dates	Prices (Per night) - 3rd bed - half-board - others	
Hotel****	3	all dates	€132.00 (2 persons) 3rd person: + €55.00 / half-board: +€17.50	In case of any doubt please contact us
	4	all dates	€90.00 (2 persons) 3rd person: + €25.00 / half-board: no	
	12	all dates	€115.00 (2 persons) 3rd person: + €35.00 / half-board: +€15.00	
Hotel***	1	all dates	€100.00 (2 persons) 3rd person: + €45.00 / half-board: +€17.50	Children up to 4 or 12: special conditions
	4	all dates	€85.00 (2 persons) (a) 3rd person: + €25.00 / half-board: +€17.50	
	5	all dates	€60.00 (2 persons) 3rd person: + €20.00 / half-board: +€15.00	
	6+8	all dates	€90.00 (2 persons) 3rd person: + €35.00 / half-board: +€17.50	
Hotel**	7	all dates	€70.00 (2 persons) 3rd person: + €25.00 / half-board: +€15.00	Double room = 2 beds or double bed
	4+7	all dates	from €45.00 to €65.00 3rd person: + €25.00 / half-board: no	
Hostel (Pension) 1st	1+2+4	all dates	from €70.00 to €100.00 Prices: Including breakfast	In case of any doubt please contact us
Hostel (Pension) 2nd	5+6+10	all dates	from €50.00 to €75.00 3rd person: between + €25.00 and +€35.00	
Hostel (Pension) 3rd	11+12	all dates	from €25.00 to €50.00 half-board: between +€12 and +€17.50	
Bungalows - T2	T3	6	€75.00 (up to 6 persons) half-board: +€10.00/person / breakfast: +€5.00/person	In case of any doubt please contact us
	T2	6	€65.00 (up to 4 persons) half-board: +€10.00/person / breakfast: +€5.00/person	
	T1	6	€60.00 (up to 2 persons) half-board: +€10.00/person / breakfast: +€5.00/person	
	T0	6	€55.00 (up to 2 persons) half-board: +€10.00/person / breakfast: +€5.00/person	
Apart. 2 persons	2+3	all dates	from €20.00 to €50.00 / Apartment / day depending facilities and location	In case of any doubt please contact us
Apart. 4 persons	5+10	all dates	from €20.00 to €60.00 / Apartment / day	
Apart. 6 persons	11+12	all dates	from €35.00 to €70.00 / Apartment / day	
Holiday Centre	9	27 June to 6 July - only	Limited capacity: 200 persons - from €450.00 to €700.00 / double room / period / including breakfast. There are rooms for 3 and 4 persons. Half-board: + €99/person	
Camping-tent	2+6	27 June to 6 July - only	Campsite for tent, +/- 35m2: €120 to €150/space/period/2 persons	In case of any doubt please contact us
Camping-Caravan	2+6	27 June to 6 July - only	Campsite for caravan, +/-45m2: €150 to €180/space/period/2 persons	
Hard floor	1	27 June to 6 July - only	€45.00 / Person / period without breakfast; sleeping bag is necessary.	

Notes: (a) There are some low prices

ORDER (for Hotels, Hostels/Pensions, Apartments and Bungalows/Chalets)

Date:	to	Number of rooms	Total Price	10% Payment account	Preferred Locations
Hotel	***	double rooms 3 bed rooms double bed (Yes/No)			

**					

Date:	to	Number of rooms	Total Price	10% Payment account	Preferred Locations
Hostel (Pension)	***	double rooms 3 bed rooms double bed (Yes/No)			
1st Category					
2nd Category					
3rd Category					

Date:	to	Number of beds for apartment / bungalow	Total Price	10% Payment account	Preferred Locations
Apartment Bungalows / Chalets	***	2 beds - T0 2 beds - T1 4 beds - T2 6 beds - T3			

ORDER (for Holiday Centre INATEL)

Date:	to	Number of needed rooms	Total Price	10% Payment account	Preferred Locations
Holiday Centre INATEL	***	double rooms 3 bed rooms 4 bed rooms			Foz do Arelho

ORDER (for Other Accommodations)

Date:	to	Amount	Persons	Total Price	10% Pay Acc	Preferred Locations
Camping	***	Tents Caravan				

Date:	to	Amount	Price	Total Price	10% Pay Acc	Preferred Locations
Hard floor (Gymnasium)	***		€ 40.00			Alcoçaba

Account name: **Federacao Portuguesa de Orientacao - Bank: Montepio Geral - Agency: Costa da Caparica**
 IBAN: PT50 0036 0276 99100022751 95 - BIC/SWIFT: MPIOPTPL - Mail to: wmoc2008-entry@fpo.pt

Programme

Day	Hour	Event
27 th Jun (Friday)	2.00pm	Arrivals/Warm Up Race
28 th Jun (Saturday)	10.00am	Model Event
	4.00pm	Opening Ceremony
	5.00pm	Cultural Activity
29 th Jun (Sunday)		Sprint Qualifying Race
30 th Jun (Monday)		Sprint Final Race
	0.15pm	Sprint Prize-giving Ceremony
	1.00pm	*Sardinhada* (see Entry Form)
1 st Jul (Tuesday)	9.00am	Open Race 1 Tourist programme*
2 nd Jul (Wednesday)		1st Long Qualifying race Cultural Activity
3 rd Jul (Thursday)	7.00pm	2nd Long Qualifying race WMOC'08 Banquet
4 th Jul (Friday)	9.00am	Open Race 2 Tourist Programmes*
5 th Jul (Saturday)	3.00pm	Final Long Race Closing Ceremony and Long Prize-giving
6 th Jul (Sunday)	-	Departures

*Tourist Programmes (by coach from Event Centre):
 1) 1/2 Day (2pm to 7pm): Óbidos, Foz do Arelho and Nazare - 40,00€.
 2) 1/2 Day (2pm to 7pm): Batalha, Fátima, Mira d'Aire caves - 40,00€.
 3) 1 Day (9am to 7pm): Oporto with lunch - 100,00€.
 4) 1 Day (9am to 7pm): Lisbon with lunch - 100,00€.

Terrain: All WMOC competitions will be held in a 25km radius, within the area of "Pinhal de Leiria". The terrain will be similar for all courses and is coastline forest, covered by Mediterranean pine tree, with some open areas close to the beach, especially on the Sprint Final.



Technically it's typical sand dune terrain with much small contour detail, easy running and good visibility. Most of the tracks have a symmetrical configuration. The altitude of the competition areas is between 10 and 85 metres high. The Sprint races will be more urban in nature.

Maps:
 - IOF standard, scale 1/10,000, contour interval 2.5m, surveyed 2007/2008, for Long.
 - IOF standard, scale 1/4,000 or 1/5,000, contour interval 2.5m, surveyed 2007/2008, for Sprint.



Previous O-Maps: A set of previous O-maps of embargoed areas can be ordered - as long as supply lasts - at a cost of 15,00€ (including postage)

Warm Up and Open Races: Warm up (on the 27th Jun) and Open races (in 1st and 4th Jul) will contain 9 categories in a range of technical difficulty and length with length variable from 2.5 to 7.0km. Map: IOF standard, scale 1/10,000, contour interval 2.5 or 5m, surveyed in 2008.

Distance	Short	Medium	Long
1	1	2	3
2	4	5	6
3	7	8	9

Entry fees for each event:
 - Received before 1st April: 10,00€
 - Received after 1st April: 15,00€

Embargoed Areas: Pedrógão, Vieira de Leiria and Pataias from 1 August 2006. See www.wmoc2008.fpo.pt.

Control Description: The control descriptions will be according to the IOF rules and will be available in the start lane for each race. They will also be printed on each map

Model Event: In 28th June all competitors may take part in the model event free of charge.

Transport: See Transport entry form.

Parking Fees: Parking is available for private cars and coaches for the whole period at the following rates:

- Up to 9 seats: 20,00€ (after 1st April 08: €25,00)
 - Over 9 seats: 40,00€ (after 1st April 08: €50,00)

Opening Ceremony: Will take place on the 28th June 08, at 4.00 pm.

Banquet: Will take place on the 3rd July, at 7.30 pm. The cost is 35,00€/person (25,00€ for children up to 14 years) for booking before 1st April 2008 and includes aperitif, buffet, dessert, beverages and live music.

If you book after 1st April 2008 the cost is 45,00€ (35,00€ for children up to 14 years).

Typical *Sardinhada*: Will take place on the 30th Jun (Monday) at 1.00 pm. The cost is 15,00€/person for booking until 1st April 08. If you book after 1st April 08 the cost is 20,00€. Grilled sardines will be served with salad and portuguese wine.

Press and VIP's: For Press and VIP accreditation please use the accreditation form on www.wmoc2008.fpo.pt or contact us through the following e-mail: press@wmoc2008.fpo.pt

