

Special Rules for the 2013 World Cup in Orienteering

The World Cup in 2013 will consist of 13 competitions. The programme includes the Oceania Orienteering Championships (OOC), the Nordic Tour, the World Orienteering Championships (WOC), and finishes with two competitions in Switzerland. The full programme is:

Date	Competition Format	Event	Country
1) Sun 6 January	Middle Distance	Oceania	New Zealand
2) Mon/Tue 7-8 January	Sprint	Oceania	New Zealand
3) Sun 13 January	Middle Distance chasing start	Oceania	New Zealand
4) Sat 1 June	Sprint	Nordic Tour	Norway
5) Sun 2 June	Middle Distance	Nordic Tour	Norway
6) Tue 4 June	Knock-out Sprint	Nordic Tour	Sweden
7) Fri 7 June	Sprint	Nordic Tour	Finland
8) Sat 8 June	Chasing start, middle distance style	Nordic Tour	Finland
9) Mon 8 July	Sprint	WOC	Finland
10) Tue 9 July	Long Distance	WOC	Finland
11) Fri 12 July	Middle Distance	WOC	Finland
12) Sat 5 October	Middle Distance		Switzerland
13) Sun 6 October	Sprint		Switzerland

The **Competition Rules for IOF Foot Orienteering Events** (as published on the IOF website www.orienteering.org on 1st January 2013) apply to all 2013 World Cup events.

In World Cup competitions 1, 4, 5, 6, 7, 8, 12 and 13, competition rule 9.10 does not apply; replacement of runners will not be possible after 12 noon on the day before the competition.

In case of a tie for the final qualification place in any of the competitions, all tied runners qualify, thus increasing the number of competitors in the relevant final, semi-final or quarter final. Where necessary, lots are drawn to resolve ties for the purpose of deciding starting order, or to decide the heat allocation in competition 6.

Competitions 1, 2 & 3 Oceania Orienteering Championships, New Zealand

1) Race 1 (6 January): Middle distance, individual interval start. There is no prior qualification. The start order is determined by the reverse standing (leader starts last) of the IOF World Rankings as published on 1st January 2013*. The start interval is 2 minutes.

2) Race 2 (7-8 January): This consists of a Sprint qualification race with one heat in the afternoon on Monday 7th January, followed by a Sprint final in the morning on Tuesday 8th January. Both races have an individual interval start with a 1 minute start interval. Individual start times for the qualification race are drawn randomly in three starting groups (early, middle, late). A Federation must allocate its runners as evenly as possible across the three groups. The final is for the top 40 athletes from the qualification race. The start order is the reverse order of the qualification race results (winner starts last).

3) Race 3 (13 January): Middle distance chasing start in the afternoon with the start times based on a shortened middle distance prologue (20-25 minutes) in the morning. The prologue will have a loop format with 2 athletes starting at a time. The start interval will be 2 minutes and start order will be drawn randomly in three starting groups (early, middle, late). A Federation must allocate its runners as evenly as possible across the three groups. The 12 first runners in the prologue will get bonus seconds 120-90-75-60-50-40-30-25-20-15-10-5 according to their placing in the prologue. These bonus seconds are then subtracted from each runner's time in the prologue to produce an "adjusted time" used to determine start times in the final race. The winner of the qualification race starts first in the final in the

afternoon. The second placed runner starts a time after the winner equal to the difference between his/her adjusted time and that of the winner, and so on.

Competitions 4, 5, 6, 7 & 8 Nordic Tour, Norway, Sweden, Finland

Only entry for the whole tour is possible.

4) Nordic Tour Day One (1 June): Sprint with an individual interval start with a 1 minute start interval. The start order is determined by the reverse standing of the IOF World Rankings as published on 27th May*.

5) Nordic Tour Day Two (2 June): Middle Distance with an individual interval start with a 90 second start interval. The starting list is the Nordic Tour day one final results in reverse order (winner starts last). Any runners who qualified for the day one final, but were not placed, start in random order before those who were placed. The remaining competitors start first in reverse order of the day one qualification race results. Runners who were not placed in the day one qualification race start first in random order. Only runners who started on day one may start on day two.

6) Nordic Tour Day Three (4 June): Sprint, knock-out style. The qualification race in the morning for all runners will be a prolonged Sprint (15-18 minute winning time) with a 1 minute start interval. The starting list is determined by the total times from the day 1 and day 2 finals in reverse order (overall leader starts last). Runners who were not placed in the previous days' finals start first in random order. Only runners who started on both day one and day two may start on day three. The semi-finals are for the top 24 athletes from the qualification race. There are 3 consecutive mass-start semi-finals each running the same course with a 6-8 minute winning time. Semi-final A: 1st, 6th, 7th, 12th, 13th, 18th, 19th and 24th of the qualification; semi-final B: 2, 5, 8, 11, 14, 17, 20, 23; semi-final C: 3, 4, 9, 10, 15, 16, 21, 22.

The final is for 8 athletes. The two fastest runners from each semi-final and the two runners with the next best times qualify for the final. The final will be a mass-start Sprint with a 8-10 minute winning time.

The results of Nordic Tour day three do not count as a World Ranking Event.

Rule Deviations approved by IOF Council:

For the qualification:

27.3 Any complaint shall be made to the organiser as soon as possible. A complaint is adjudicated by the organiser. The complainant shall be informed about the decision immediately.

28.3. Any protest shall be made in writing to a member of the jury no later than 15 minutes after the organiser has announced the decision about the complaint.

For the semi-finals and finals:

27.3 Any complaint shall be made to the organiser as soon as possible. A complaint is adjudicated by the organiser. The complainant shall be informed about the decision immediately.

28.3. Any protest shall be made to a member of the jury no later than 2 minutes after the organiser has announced the decision about the complaint.

7) Nordic Tour Day Four (7 June): This consists of a Sprint qualification race in the morning, followed by a Sprint final in the afternoon/evening. Both races have an individual interval start with a 1 minute start interval. The start order for the qualification race is determined by the reverse standing of the World Cup points after competition 6. Runners with no World Cup points start first in random order. Only runners who started on all of days one, two and three may start on day four. The final is for the top 30 athletes from the qualification race. The start order is the reverse order of the qualification race results (winner starts last).

8) Nordic Tour Day Five (8 June): Chasing start, middle distance style (women 60 minutes, men 75 minutes) with the start times based on the Nordic Tour overall time standings after

four days. The Nordic Tour overall time standings after four days are calculated as the time for the qualification race on day one **plus** the time for the race on day two **plus** the time for the qualification race on day three **plus** the time for the qualification race on day four **less** the following bonus seconds:

- Nordic Tour day one: the 30 runners in the final will get bonus seconds 120-90-75-60-50-45-40-37-34-31-28-26-24-22-20-18-16-14-12-11-10-9-8-7-6-5-4-3-2-1 according to their placing in the final.
- Nordic Tour day three: The 8 runners in the final will get bonus seconds 120-90-75-60-50-45-40-37 according to their placing in the final. The other 16 runners in the semi-finals will get bonus seconds 26-24-22-20-18-17-16-15-14-13-12-11-10-9-8-7 according to their running times in the semi-finals.
- Nordic Tour day four: the 30 runners in the final will get bonus seconds 120-90-75-60-50-45-40-37-34-31-28-26-24-22-20-18-16-14-12-11-10-9-8-7-6-5-4-3-2-1 according to their placing in the final.
- If one or more runners qualified for but were not placed in the semi-finals or finals, they will be regarded as being placed at the end of that group and are awarded bonus seconds as if they were in the lowest position of that group.
- In the case of a tie for bonus seconds, the tied runners who are placed each receive the same as if they had all been placed in the highest of the tied positions.

Only runners, who started and were placed in the qualification races of Nordic Tour days one, three and four, and on Nordic Tour day two, may start in the day five Nordic Tour competition. The first runner to the finish is the Nordic Tour winner. The results of Nordic Tour day five do not count as a World Ranking Event.

Runners who started but were not placed in one or more of the qualification races of Nordic Tour days one, three and four or in the race of day two may take part in a separate interval start competition on the same course with the first runner starting 10 minutes after the last chasing start runner has departed, but will neither be placed in the Nordic Tour overall ranking nor will get World Cup points for day five. There will be a 1 minute start interval and individual start times are drawn at random.

Competitions 9, 10 & 11 World Orienteering Championships, Finland

WOC rules apply.

Competitions 12 & 13, Switzerland

12) Day One (5 October): Middle distance, individual interval start. There is no prior qualification. The start order is determined by the reverse standing of the IOF World Rankings as published on 30th September* (leader starts last). The start interval is 2 minutes.

13) Day Two, World Cup Final (6 October): Sprint, individual interval start. Only competitors with at least one World Cup point, or who finished competition 12, are potentially eligible. The competition consists of one Final only, with 40 competitors. These are the 40 highest placed competitors ranked in order of the World Cup standings after 12 competitions. If there are fewer than 40 competitors with one or more World Cup point(s) entered for competition 13, the remaining places will be allocated to competitors in the order of their ranking in competition 12. The start order will be 40-20-39-19-38-18-37-17-36-16-35-15-34-14-33-13-32-12-31-11-30-10-29-9-28-8-27-7-26-6-25-5-24-4-23-3-22-2-21-1 (so the World Cup leader starts last). The start interval is 1 minute.

World Cup standings are defined as

After competitions 1 to 3	the sum of all scores
After competitions 4 to 8	the sum of all scores
After competitions 9 to 11	the sum of all scores from competitions 1 to 8 plus the best score from competitions 9 to 11
After competition 12	the sum of all scores from competitions 1 to 8 plus the best 2 scores from competitions 9 to 12
After competition 13	the sum of all scores from competitions 1 to 8 plus the best 2 scores from competitions 9 to 12 and the score from competition 13

National quotas for competitions 1 to 3

The national quotas are based on the total points of the leading 10 athletes from each Federation in the IOF World Rankings list as at 1st January 2012. Separate quotas will apply for men and women.

The allocations are:

- The top 6 nations get 8 places. The top 6 nations for men are Switzerland, Sweden, Norway, Finland, Czech Republic and Denmark. The top 6 nations for women are Sweden, Finland, Switzerland, Norway, Czech Republic and Great Britain.
- Oceania nations Australia and New Zealand get 10 places.
- All other nations get 6 places.

A Federation may enter any runner irrespective of his/her position in the IOF World Rankings list.

All 2012 individual World Champions shall be offered a wild card place in competitions 1 to 3, provided they are selected by their Federation. These wild card places shall be additional to the national quotas.

National quotas for competitions 4 to 8 and competition 12

The national quotas are based on the total points of the leading 10 athletes from each Federation in the IOF World Rankings list as published on 1st January 2013. Separate quotas will apply for men and women.

The allocations will be:

- The top 6 nations get 8 places. The list of the top 6 nations (separately for men and women) will be published on the IOF website by 15th January 2013.
- All other nations get 6 places.

A Federation may enter any runner irrespective of his/her position in the IOF World Rankings list.

All 2012 individual World Champions shall be offered a wild card place in competitions 4 to 8, provided they are selected by their Federation. All 2013 individual World Champions, provided they are selected by their Federations, shall be offered a wild card place in competition 12 (and may participate in competition 13, if they qualify based on their World Cup standings after 12 races). These wild card places shall be additional to the national quotas.

Special Invitations

The organisers of competitions 4 to 8 shall offer invitations to the three leading male World Cup runners and three leading female World Cup runners according to the World Cup standings after the first three competitions. The organisers of competitions 12 and 13 shall offer invitations to the three leading male World Ranking runners and three leading female World Ranking runners as at 31st July 2013*. For these runners, the local costs (i.e. accommodation, board, entry fee and local transport) shall be borne by the organising Federations. Other costs (e.g. travel to and from the event venue) remain the responsibility of the runners' Federations. These invitations do not grant extra places to Federations in the competitions. If any of the three best runners will not be competing the invitations do not get passed on to lower-ranked runners.

Scoring System

The total score for each athlete will be the sum of all scores from competitions 1 to 8 plus the best 2 scores from competitions 9 to 12 and the score from competition 13.

For competitions 1 to 3 and 9 to 12, 100 points are awarded to the winner, 80 points to second place, 60 points to third place and so on as shown below:

1 st place	100 points
2 nd place	80 points
3 rd place	60 points
4 th place	50 points
5 th place	45 points
6 th place	40 points
7 th place	37 points
8 th place	35 points
9 th place	33 points
10 th place	31 points
11 th place	30 points
12 th place	29 points
.....	
40 th place	1 point

For competitions 4 and 7, based on the results of the finals, and for competition 5, the first 25 runners get the following points: 75-60-45-38-34-30-28-26-24-22-20-18-16-15-14-13-12-11-10-9-8-7-6-5-4.

For competition 6 the 8 runners in the final get points 75-60-45-38-34-30-28-26. The other 16 runners in the semi-finals get points 24-22-20-18-16-15-14-13-12-11-10-9-8-7-6-5 according to their running time in the semi-finals. The fastest 4 runners in the qualification race who did not qualify for the semi-finals get points 4-3-2-1. If one or more runners are not placed in the semi-finals or finals, they will be regarded as being placed at the end of that group and score points accordingly (even if they did not start).

Points can only be awarded in competitions 4, 5, 6 and 7 to runners who start in competitions 4, 5, 6 and 7 and, if they were placed in all of those, also started in competition 8. Any points gained by runners in competitions 4 and/or 5 and/or 6 and/or 7 who do not start in all five Nordic Tour competitions will not be reallocated to those finishing below them. However, they do retain any World Ranking points they may have gained.

In the Nordic Tour Final, competition 8, the first 40 runners past the finish line (i.e. the Nordic Tour overall positions) get "double" points. The winner gets 200 points down to 2 points for the 40th place. Runners who start in the interval start race in competition 8 are not eligible for points from competition 8.

In the competition 13 (World Cup Final) the runners finishing the race get double points. The winner gets 200 points down to 2 points for the 40th place.

In the case of a tie, the tied runners who are placed each receive the same points as if they had all been placed in the highest of the tied positions.

Prize money

The organisers of the seven World Cup competitions other than the three Oceania Orienteering Championship competitions and the three WOC competitions contribute 1000 € each making a total prize money “pot” of 7000 €. This is divided amongst the overall World Cup leaders as follows:

Place	Men	Women
1 st	1250€	1250€
2 nd	900€	900€
3 rd	600€	600€
4 th	350€	350€
5 th	250€	250€
6 th	150€	150€

Prize money may also be awarded separately at each of the World Cup competitions. See the respective organisers’ bulletins and websites for this information.

* References to IOF World Rankings at a particular date mean the rankings as at midnight at the start of that day.