

TrailO Relay

The TOC propose this as rules for TrailO Relay. They are as follows:

1. There are two TrailO-Relay classes, Open and Paralympic. Each team shall consist of three competitors.
2. The result is a combination of a PreO-part and a TempO-part where each wrong answer (or points deductions for exceeding the maximum time) in the PreO part results in a 60 second penalty time. The end result consists of the PreO penalty time, TempO answering time and TempO penalty time. No points are used in the end result.
3. The three legs of the competition shall be forked.
4. There shall be a mass start.
5. In addition to the controls on the course all three competitors also have 1 or 2 TempO stations with minimum 4 tasks at each station.
 - The number of timed controls should be the same for leg 1 and leg 2. Leg 3 can have an extra station.
 - The different legs can have the same timed controls but they can also be different for the competitors.
 - The timed controls should be taken after the controls on the course.
 - Competitors on leg 3 can be placed in quarantine until everybody has completed the PreO part. They are then sent to the TempO station in reversed order according to the current standing as a final.
6. The competitors should not have the possibility to communicate with their team mates during the competition. Quarantine has to be arranged.
7. The course could be arranged in different ways depending on the course setting possibilities.
 - a) The course consists of for example 30 controls. (Or another number dividable by 3)
 - The competitor on leg 1 has to solve 10 controls, (he/she is free to choose any 10 of the 30) then hand over to leg 2.
 - The competitor on leg 2 has to solve 10 other controls, (he/she is free to choose any 10 of the remaining 20) then hand over to leg 3.
 - The competitor on leg 3 has to solve the remaining 10 controls.
 - There should be a maximum time for all three legs together. That time is based on the minimum distance a team has to use. The maximum time can be freely used in between the three members of the team.
 - b) The other possibility for the course is to have a course of for example 10-12 controls.
 - The competitors have to solve the same control sites.
 - The forking system could be fulfilled by having different control descriptions at each control site or at least 75% of each control site.