

Special Rules for the 2015 Sprint Relay World Cup in Orienteering

The Sprint Relay World Cup in 2015 will consist of 3 competitions. The programme includes the World Cup race in Norway, the World Orienteering Championships (WOC) in Great Britain and the World Cup race in Switzerland. The full programme is:

| Competition | Date | Event | Venue | Country |
|-------------|--------------------------|-------------------|--------|---------------|
| 1 | Fri 5 th June | World Cup Round 2 | Halden | Norway |
| 2 | Sat 1 st Aug | WOC | Nairn | Great Britain |
| 3 | Sun 4 th Oct | World Cup Round 3 | Arosa | Switzerland |

The Competition Rules for IOF Foot Orienteering Events (as published on the IOF website www.orienteering.org valid from 1st January 2015) apply to all 2015 Sprint Relay World Cup events.

National quotas and result list for competitions 1 and 3

All Federations can start with a maximum of 3 teams. Each team consists of 4 team members of whom at least two must be women. Only the best placed team of each Federation will count for the World Cup result list. During competition 1 and 3 (not WOC) teams with runners from more than one Federation (but still with 4 team members of whom at least two must be women) may participate but will not be placed in the results.

Competition 2, World Orienteering Championships, Great Britain

WOC rules apply.

Start order

The overall World Cup result from 2014 determines the start order in competition 1. For WOC (competition 2) the result from WOC 2014 determines the start order. The World Cup overall standing after competition 2 determines the start order in competition 3. Teams other than a Federation's first team shall have a start number higher than all the Federations' first teams.

World Cup standings are defined as

After competition 1 the sum of all scores
 After competition 2 the sum of all scores
 After competition 3 the sum of all scores

If there is more than one Federation with the same number of points in the overall standings the highest placing in competition 3 determines the final order.

Scoring System

For competitions 1 to 3, 100 points are awarded to the winner, 80 points to second place, 60 points to third place and so on as shown below:

- 1st place 100 points
- 2nd place 80 points
- 3rd place 60 points
- 4th place 50 points
- 5th place 45 points
- 6th place 40 points
- 7th place 37 points
- 8th place 35 points
- 9th place 33 points
- 10th place 31 points
- 11th place 30 points
- 12th place 29 points
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- 40th place 1 point

In the case of a tie, the tied teams who are placed each receive the same points as if they had all been placed in the highest of the tied positions.

Prizes

For the overall victory a trophy will be awarded to the winning country. Each organiser can award prizes of varying character.