

## Rules

### EUROPEAN YOUTH SKI ORIENTEERING CHAMPIONSHIPS

**Valid from 1<sup>st</sup> November 2015.**

The European Youth Ski Orienteering Championship (in short EYSOC) is the official event to award the titles of European Youth Champion in Ski Orienteering in the classes M-17 and W-17. The event is organised under the authority of the IOF and the appointed Federation.

The event shall follow the IOF Competition Rules for Ski Orienteering Events unless otherwise stated in these Rules.

#### **1. Principles for EYSOC**

The championship shall be organised in accordance with the following principles:

- The best youth ski orienteers of each European Federation shall be offered competitions of the highest technical quality in M-17 and W-17.
- The event shall have a social, rather than a competitive atmosphere, letting young people exchange experience and find new friends.
- The EYSOC in M/W -17 can be arranged in conjunction with Junior World Ski Orienteering Championships (JWSOC) events or as separate events.
- The costs of participation shall be kept low.

#### **2. Event programme**

The event is organised annually. The programme normally shall include Sprint, Middle, Long distance competitions and a Relay for national teams with 3 legs as well as an opening ceremony, a closing ceremony and adequate model events. The Sprint, Middle and Long distance competitions are single race competitions.

The programme for the EYSOC races shall be kept within 6 days. The dates for the EYSOC shall be coordinated with other international youth and junior events.

#### **3. Event application and appointment of organiser**

Any European Federation that is a member of IOF may apply to organise the EYSOC. Applications shall reach the IOF Office before 1<sup>st</sup> January two years prior to the year of the event<sup>1</sup>. IOF Council appoints the organiser. An IOF Event Adviser from another Federation shall be appointed to control the event.

#### **4. Participation and Classes**

Competitors representing member Federations of the IOF, defined by the International Olympic Committee as belonging to the European continent, can compete in EYSOC.

Competitors representing other member Federations of the IOF can participate in EYSOC but will not be eligible for European titles, medals or diplomas.

For each individual competition a Federation may enter a maximum of 6 competitors in each class. A Federation may enter 2 teams in the Relay. If a Federation is represented by two

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<sup>1</sup> **Example:** The deadline for EYSOC 2017 is 1<sup>st</sup> January 2015 even if the event is proposed to take place in the pre-season, e.g. December 2016.

teams in a relay class, only the team with the better result is considered in determining the placings. All competitors must have a valid passport of the country they are representing.

The EYSOC is divided into 2 classes for the following age categories:

**W-17** for female athletes who are no more than 17 years old on 31st December of the year of the competition.

**M-17** for athletes who are no more than 17 years old on 31st December of the year of the competition.

The year of the competition is defined as the calendar year for which the championship counts, even if the event takes place in the pre-season e.g. in December the year before<sup>2</sup>.

The organising Federation may have two additional competitors as official EYSOC competitors in the individual competitions. These competitors shall start in the lowest ranked start group.

### **5. Starting order, start interval, winning times**

The start interval in the Long and Middle distance competition shall be 2 minutes, if they are not mass start competitions. The start interval in the Sprint distance is 1 minute.

The start draw shall be made with 3 starting groups, each starting group being drawn at random. Competitors from the same Federation shall not start consecutively. In each individual competition each Federation shall allocate its competitors to specified starting groups. A Federation shall allocate one competitor to each group first (before allocating second competitor to the same group). If a Federation fails to allocate its competitors to starting groups, the organiser shall decide the allocation.

Winning times:

	Middle	Long	Sprint	Relay
W -17	20-25 min	40-45 min	8-12 min	20-25 min/leg
M -17	20-25 min	40-45 min	8-12 min	20-25 min/leg

### **6. Prizes**

Medals for all the competitions (3 medals in each class / competition, 3 sets of medals in each class in the Relay) and diplomas for places 1-6 shall be provided by the IOF.

No team score shall be calculated.

Representatives of the organising Federation and a representative of the IOF shall perform the prize-giving ceremonies.

### **7. Jury**

IOF Council appoints the jury. It shall consist of 3 voting members from different orienteering federations.

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<sup>2</sup> **Example:** The EYSOC 2017 event takes place in December 2016. Any runner less than 18 years old on 31st December 2017 is eligible to compete.