



Invitation to an IOF Foot Orienteering Event Advisers' Clinic Cape Town, South Africa, Saturday/Sunday 17th-18th November 2012

This Event Advisers' Clinic is organised for the education and recruitment of new IOF licensed Foot Orienteering Event Advisers. National orienteering federations are asked to identify and enter suitable candidates.

******* Outline of the Clinic *******

Organiser: IOF Rules Commission.

Date & time: Saturday 17 November 11:00 – Sunday 18 November 16:00

Clinic site: Melkbosstrand Private School & Blaauwberg Nature Reserve (field exercise)

Course objectives and requirements: The main objective of this IOF Event Advisers' Clinic is to prepare participants to be licensed IOF FootO Event Advisers.

The requirements for licensing are:

1. Be an active foot orienteer.
2. Have competed in countries other than your own.
3. Have successfully controlled major national events in the last 3 years.
4. Be competent to communicate with IOF and the organising Federation (mainly in English).
5. Have attended, and have been an active participant in an IOF Event Advisers Clinic
6. Be familiar with the IOF Rules and other relevant publications
7. Be recognised as a top standard controller/event adviser and endorsed as suitable by your Federation.

Course content:

- Understanding of the task of an IOF Event Adviser
- Deeper understanding of the nature of orienteering and each format of FootO (long, middle, sprint, relay)
- Understanding of the IOF rules and requirements for international competition

The course will include a short field exercise in course controlling

Accommodation & meals:

Meals are included in the clinic entry fee. There are several accommodation possibilities in Melkbosstrand (including anything from free camping at the school grounds to several B&B options), and Cape Town is only about 30 minutes drive away.

Travel:

Melkbosstrand Private School: *33°43'13.50"S 18°28'32.52"E*

From Cape Town International Airport, follow the N2 towards Cape Town, then take Exit 9 onto the M5 towards N1/Milnerton. From the M5 turn onto the N1 towards Paarl. Soon after getting onto the N1, get into the left lane and follow signs to the N7. Follow the N7 for approx. 15 km,

then turn left onto the M19 towards Melkbosstrand. After about 9 km, turn right into the school grounds.

For visitors to Cape Town: get in touch with the local clinic organisers and PenOC members will be able to help with lifts if wanted.

Material:

The following IOF publications will be used at the Clinic:

- IOF Competition Rules for Foot Orienteering Events
- International Specification for Orienteering Maps, ISOM
- International Specification for Sprint Orienteering Maps, ISSOM
- IOF International Specification for Control Descriptions
- IOF guidelines for WRE, WOC, WMOC and JWOC

The material is available at the IOF website www.orienteering.org and participants are asked to read in through beforehand.

Course leader:

David Rosen (Chair IOF Rules Commission and SEA for WOC 2012)

Language:

English

Deadline for entries:

By October 22nd 2012.
Minimum number of participants is 6.

Entry & enquiries:

Please send your entry form by email to Ake Fagereng
ake_fagereng@yahoo.no
Please send any enquiries to the same address.

Note the requirement for endorsement by the federation. It is generally best if the delegate sends the form to the federation who endorse it and send it to Ake Fagereng.

The entry fee is R500. This should be paid on arrival or in advance. The entry fee will be waived (in full) for delegates endorsed by the South African Orienteering Federation.
