
EUROPEAN YOUTH ORIENTEERING CHAMPIONSHIPS

Valid from 1st January 2016

The European Youth Orienteering Championship (in short EYOC) is the official event to award the titles of European Youth Champion in Orienteering. The event is organised under the authority of the IOF and the appointed Federation.

The event shall follow the IOF Competition Rules for IOF Foot Orienteering Events unless otherwise stated in these rules.

1. Principles for EYOC

The championship shall be organised in accordance with the following principles:

- The best junior orienteers of each European Federation shall be offered competitions of the highest technical quality.
- The event shall have a social, rather than a competitive atmosphere, letting young people exchange experience and find new friends.
- The costs of participation shall be kept low.

2. Event programme

The event is organised annually. The programme shall include a sprint distance final, a long distance final and a relay for national teams with 3 legs as well as an opening ceremony, a closing ceremony and adequate model events. The programme shall be kept within 3 days (Friday-Sunday). The dates of the EYOC shall be co-ordinated with other international junior events. Normally the event shall be organised in the last part of June or first week of July.

3. Event application and appointment of organiser

Any European Federation that is a member of IOF may apply to organise EYOC. Applications shall reach the IOF Secretariat before 1st January two years prior to the year of the event. IOF Council appoints the organiser. An IOF Event Adviser from another European Federation shall be appointed by the IOF.

4. Participation and Classes

Competitors representing member Federations of the IOF, defined by the International Olympic Committee as belonging to the European continent, can compete in EYOC.

Competitors representing other member Federations of the IOF can participate in EYOC but will not be eligible for European titles, medals or diplomas.

In the individual competitions a Federation may enter a maximum of 4 competitors in each class. All competitors must have a valid passport of the country they are representing.

The EYOC is divided into four classes for the following age categories:

- **W -16:** for female athletes who are no more than 16 years old on 31st December of the year of the competition.
- **W -18:** for female athletes who are no more than 18 years old on 31st December of the year of the competition.

- **M -16:** for athletes who are no more than 16 years old on 31st December of the year of the competition.
- **M -18:** for athletes who are no more than 18 years old on 31st December of the year of the competition.

All entered runners may run in both individual competitions. Women may compete in men's classes.

If a Federation is unable to make up full relay teams (even with women running in men's classes), it may form incomplete teams or mixed teams with runners from other Federations. Under no circumstances may persons other than entered competitors participate in the competition. Mixed teams are not placed on the official result list.

All teams shall start together (mass start).

5. Starting order, start interval, winning times

The start interval in the Long distance competition is 2 minutes and in the Sprint distance is 1 minute.

Starting time is drawn randomly in 4 starting groups. Competitors from the same Federation shall not start consecutively.

Winning times:

Class	Sprint	Normal	Relay
D16	10-12 min	35-40 min	75 min
D18	10-12 min	40-45 min	90 min
H16	10-12 min	40-45 min	90 min
H18	10-12 min	45-50 min	105 min

6. Prizes

Medals for all the competitions (3 medals in each class / competition, 3 sets of medals in each class in the Relay) and diplomas for places 1-6 shall be provided by the IOF.

The Federation having the highest team score shall be awarded with a team prize.

Representatives of the organising Federation and the IOF shall perform the prize-giving ceremonies.

7. Team Score

The score is calculated as sum of points of three (3) competitions in all classes according to the following rules:

Individual Competitions:

In Sprint: 2 best result (in points) in each class.

In Long: 2 best result (in points) in each class.

All competitors having a position below 55th place get 1 point.

Competitors who are not placed get no points.

Points Table:

Place	Points	Place	Points	Place	Points	Place	Points
1	70	16	40	31	25	46	10
2	63	17	39	32	24	47	9
3	58	18	38	33	23	48	8
4	55	19	37	34	22	49	7
5	53	20	36	35	21	50	6
6	51	21	35	36	20	51	5
7	49	22	34	37	19	52	4
8	48	23	33	38	18	53	3
9	47	24	32	39	17	54	2
10	46	25	31	40	16	55	1
11	45	26	30	41	15	56	1
12	44	27	29	42	14	etc.	1
13	43	28	28	43	13		
14	42	29	27	44	12		
15	41	30	26	45	11		

Relay Competition

Team points in each class.

All relay teams with position below 20th place get 5 points.

Teams with no placing get no points.

Points Table:

Place	Points	Place	Points	Place	Points
1	130	9	60	17	20
2	110	10	55	18	15
3	95	11	50	19	10
4	85	12	45	20	5
5	80	13	40	21	5
6	75	14	35	etc.	5
7	70	15	30		
8	65	16	25		

8. Jury

IOF appoints the jury. It shall consist of 3 voting members from different Federations.